# RAINIER VALLEY MIDWIVES

# Transferring into care after 28 weeks A COVID-19 Response

# If you are less than 28 weeks:

Please complete this form online or text 206-261-2312. You do not need to complete the rest of the steps on this page.

#### If you would like to get support but still birth at the hospital:

Please see our [H2H] program.

If you are more than 28 weeks follow ALL instructions below. If you have any trouble, text 206-261-2312 and we will help you:

If you want to move the remainder of your care from hospital-based care to out of hospital care, we are happy to set up a time to meet with you to discuss options.

## To begin the process of moving your care into midwifery services:

- 1. Call your provider's office and request a copy of your records be faxed to 888-435-9983. Do not tell them you are leaving care yet. After we review your records and talk with you if we decide together that this is the right care for you, you can let them know.
- 2. Complete <u>This Form</u> on our website at <a href="https://www.rv-cc.org/covid19">https://www.rv-cc.org/covid19</a> or text 206-261-2312 to let us know that you would like to schedule a consult for transfer of care.
- 3. We can schedule your consult but cannot hold it until we have received your records

## To qualify for this care:

- 1. We cannot take care of people who are 35 weeks or greater if you are currently positive for COVID-19 or live with someone who is.
- 2. If you have been positive or are living with someone who has been more than two weeks ago, we can provide pregnancy care for you.
- 3. We will provide a phone screen regarding COVID-19 signs and symptoms. Please answer honestly, our midwives and staff need to stay healthy to serve as many people as they can. Our partner physicians are setup to support you if you or someone you live with is currently or recently positive.
- 4. We cannot provide care for pregnant people with a history of prior cesarean births
- 5. You must have received an ultrasound between 18 and 24 weeks
- 6. If you are greater than 36 weeks, you must have results from your GBS test to come into care
- 7. We do provide care for GBS positive pregnancies with the same medications you would receive in the hospital
- 8. We may need to draw labs at your first visit to make sure we have all of the information we require to provide you with a safe out of hospital birth
- 9. We do accept most insurance plans or cash pay but we need a financial plan in place to provide care

#### Once enrolled in care:

- 1. We will setup a time to visit with you online to establish care and make a plan for a combination of visits in person and through tele-medicine. Most visits will be through telemedicine and you will be given a kit to help us with your assessment.
- 2. If you come to the office for a visit, we ask that you come alone and on time. We schedule the visits with time between clients to wipe down all surfaces. We appreciate your help and consideration for our providers, staff, and all of the families that need care during this pandemic.